

**PA Department of Health Guidelines for Skilled Nursing Facilities:
“Three Step Table of Relaxation of Restrictions on Activities & Visitation”**

Aspect	Step 1	Step 2	Step 3
Dining	<ul style="list-style-type: none"> • With social distancing being enforced by physical distance (6 feet) and staggering of dining times, residents may eat in the same room. • If residents cannot be spaced six feet or more apart, roommate residents may be seated together. • Staff assisting any resident in a congregate dining setting must wear eye protection and gowns and must sanitize hands between assisting different residents. • Isolated residents may receive in-room meals if they are able to feed themselves, but assistance must be provided (in-room or in a dining setting with social distancing) to those at-risk for aspiration, coughing, etc. 	<ul style="list-style-type: none"> • Same as Step 1 	<ul style="list-style-type: none"> • Same as Step 1
Activities	<ul style="list-style-type: none"> • With social distancing, hand hygiene and universal masking, limited activities may be conducted with five (5) or fewer residents. 	<ul style="list-style-type: none"> • With the same precautions as Step 1, activities may be conducted with ten (10) or fewer residents. 	<ul style="list-style-type: none"> • With the same precautions as Step 1, activities may be conducted with no restrictions on the number of residents.

Non-Essential Personnel	<ul style="list-style-type: none"> • Restricted. 	<ul style="list-style-type: none"> • Non-essential personnel are allowed as determined necessary by the facility, with screening and additional precautions including social distancing, hand hygiene and universal masking. 	<ul style="list-style-type: none"> • Same as Step 2.
Volunteers	<ul style="list-style-type: none"> • Adhere to restrictions in Section 3, Restricted Visitor Policies. 	<ul style="list-style-type: none"> • Volunteers are allowed only for the purpose of assisting with visitation protocols such as scheduling of visits, transporting (but not lifting) residents and monitoring visitation. Screening, social distancing, and additional precautions including hand hygiene and universal masking are required. 	<ul style="list-style-type: none"> • Volunteers are allowed. Screening, social distancing, and additional precautions including hand hygiene and universal masking are required.

Visitors	<ul style="list-style-type: none"> Adhere to restrictions in Section 3, Restricted Visitor Policies. 	<ul style="list-style-type: none"> Outdoor visitation (weather permitting) is allowed in neutral zones to be designated by the facility. If weather does not permit outdoor visitation, indoor visitation is allowed in neutral zones to be designated by the facility and defined in their Implementation Plan. Cross-over visitation is only permitted if there is no new outbreak in the facility in which the cross-over visitor resides. Review Section 5d for additional requirements. 	<ul style="list-style-type: none"> Indoor visitation is allowed in neutral zones to be designated by the facility and defined in their Implementation Plan. Visiting in a resident's room (within facility's established protocols) is permitted only if the resident is unable to be transported to designated area. Cross-over visitation is only permitted if there is no new outbreak in the facility in which the cross-over visitor resides. Review Section 5d for additional requirements.
Outings	<ul style="list-style-type: none"> Adhere to restrictions in Section 3, Restricted Visitor Policies. 	<ul style="list-style-type: none"> Adhere to restrictions in Section 3, Restricted Visitor Policies. 	<ul style="list-style-type: none"> Outings limited to no more than the number of people where social distancing between residents can be maintained. Appropriate hand hygiene, and universal masking are required.